

# **PARENT HANDBOOK**

## **2009-2010 Season**



*The Northern California Volleyball Association reserves the right to make changes at any time to the Parent Division, its operation, and/or this Handbook for the betterment of membership participation*

Last Updated: 11/10/2009

## Parent Handbook

Welcome to the 2009-2010 Junior Club Volleyball season. We are in a constant search to help our parents better understand what club volleyball is all about. Club Volleyball is a commitment from all parties. It begins with you as the parent to your child to the coaches and the club director(s). Everyone needs to be involved in order to have a successful club season.

### ***TRYOUTS***

One of the most important parts of your club season is making sure you know what information as a parent you are entitled to and what questions you should ask the Club Directors.

- What is your Clubs' philosophy?
- How many positions are available on a team?
- What are my financial obligations?
- When are the practices? How many times a week and for how long?
- What types of tournaments/leagues will the team play in?
- What experience does the coach have in coaching volleyball?
- What is our Travel Commitment?
- How long is the season for this team and/or club?

Tryout Policies are designed to take the pressure off of you as a parent so you can make a good decision for your daughter/son for their club volleyball season.

### **TRYOUT AND PLAYER COMMITMENT POLICIES**

These are the NCVA Board of Directors policies concerning player tryouts:

#### **Boy's Tryouts**

- First day of Tryouts: Saturday, August 1, 2009
- No club can sign a player before 6:00 PM MONDAY, AUGUST 10, 2009
- No club/team can collect money before 6:00 PM MONDAY, AUGUST 10, 2009
- For club/teams holding tryouts between Saturday, August 1, 2009 and Sunday, August 9, 2009 the first date/time to sign a player will be no sooner than 6:00 PM on Monday, August 10, 2009.
- The 48-hour waiting period to sign a player still applies to tryouts held after August 9, 2009. Example: if your tryouts are held on August 15, 2009 your 48 hours would begin at 12:01 AM August 16, 2009 and end 12:01 AM on August 18, 2009.

#### **Girl's Tryouts**

- 1<sup>st</sup> Day of Tryouts: Saturday, November 7, 2009
- No club can sign a player before 6:00 PM MONDAY, NOVEMBER 16, 2009
- No club/team can collect money before 6:00 PM MONDAY, NOVEMBER 16, 2009
- For clubs/teams holding tryouts between Saturday, November 7, 2009 and Sunday, November 15, 2009, the sign dates will be no sooner than 6:00 PM on Monday, November 16, 2009.

- ❑ For clubs/teams holding tryouts after November 15, 2009 they will need to uphold the 48 Hour window policy. A player may not sign a Letter of Commitment or pay a deposit to the club/team until 48 hours after the completion of their tryout.
- ❑ A junior player may not make a binding commitment to a team or club until the first day of the NCVA sanctioned season, which is November 10<sup>th</sup>. Any verbal commitment made prior to the signing date of November 10<sup>th</sup> is nonbinding.
- ❑ This rule is modeled after the NCAA's signing date rule. As in the NCAA, a program may offer a player a position before the signing date of November 1<sup>st</sup> and a player may verbally accept the offer. However, there is no binding contract between the parties.
- ❑ A player who signs the NCVA's 2009-2010 Letter of Commitment prior to November 10<sup>th</sup> is subject to suspension for the entire season. Any club that allows a player to sign such a document before November 10<sup>th</sup> is subject to suspension for the entire season. Any club with a player who signs such a document before November 10<sup>th</sup> may be subject to suspension for the entire season.

### **Regulations**

- ❑ The NCVA Board of Directors also stipulates that the Letter of Commitment may not be pre-signed or pre-dated and no deposit monies can be exchanged before these dates.
- ❑ If the coach or any players leave the club for which a player has signed a Letter of Commitment, the player's commitment is still binding because the commitment was to the club and not to any individual(s). However, if a club makes dramatic material changes from what was promised, it may be grounds for a release from the commitment.
- ❑ Players are committed with the Club that they sign a Letter of Commitment with until the end of the Girls Season which is following Junior Olympics.

### ***SELECTING A CLUB***

Deciding which volleyball club is right for you can be difficult. It is our hope that this brief guide provided by USA Volleyball & the NCVA will help your family make an informed decision.

At a minimal level, club volleyball provides the opportunity to learn and improve volleyball skills through hours of additional practice and competition. Club volleyball gives players the opportunity to enhance athletic, social and leadership skills and make new friends from other schools and areas. In addition, since players regularly officiate matches when they are not playing, leadership skills, knowledge and understanding of the game is enhanced. The player also gets to see the game from the official's point of view and gain that respect. Many players have gone on to be successful college players (at all levels); some are on partial to full athletic scholarships. Others have gone on to coach at the high school or college level or returned to coach at the club level, while others have made significant extra income by also being an official for Parks and Rec programs, YMCA leagues and many other organizations.

Some teams will only travel to tournaments in state, while others will also travel to other parts of the country. While there is no guarantee that you will be seen by a college coach, the chances are better if you play club ball. The high school season coincides with the college season, making it difficult for college coaches to get out to watch players very often. In many cases the high school matches start around five or six making it difficult for a coach to even get to local matches without having to miss their team's practice. The heaviest recruiting time is

during the club season. A majority of college coaches search for prospective players at Junior Olympic Volleyball events. Larger tournaments involving teams from several states, national qualifiers and the Junior Olympic Volleyball National Championships attract the most college coaches. College coaches also attend most of the NCVA Special Tournaments such as Cal Kickoff, President's Day, Far Westerns, Bay View Classic, Cal Finals and High Rollers.

You should also think about why you want to play club (recreation, more experience for high school play or possible college scholarship). No matter what your objective, you should be playing because you have fun, love the game and want to play. You must be willing to work hard and take the responsibility for your improvement. Your coach is there to help you work toward your goals.

The most important factor is the kind of coaching you will receive. Coaches at each club have a wide range of coaching experiences, from very successful high school and college coaches (head and assistant) to those with little experience. Indeed, the relationship your athlete has with the coach is more important than the club itself. Having a chance to interact with the coach of your athlete's age group is important. Go to pre-season skill training sessions, talk to players and parents from that coach's previous season, check out the coach's resume – do at least what you would do to gain background on a new babysitter for a child. In a related way, you need to find out the coach's level of coaching education, as well as what ongoing coaching education the club provides. A club's level of commitment to improving their coaches gives an example of the programs commitment and passion for excellence.

Choosing a volleyball club is serious business. It is a commitment of time and money as well as an individual commitment to a club for the duration of the season. Spending a little time researching your options and opportunities may save you from a frustrating (or worse) season. Be sure to ask lots of questions. If possible, talk with players and parents who have played in the club before. If a club is hesitant to answer those questions, it is probably best to move on. Remember, volleyball is a game, and should be played to have FUN.

## ***RECRUITING POLICY***

- ❑ The NCVA Girls Division sanctioned season begins on November 7<sup>th</sup>. The Boy's Division is sanctioned season begins August 2<sup>nd</sup>. Both seasons conclude the day after the last day of the Junior Olympic Volleyball Championships or the Volleyball Festival, whichever is the later date. Regardless of either event, the conclusion of the Girls Division sanctioned season will not extend past July 31st.
- ❑ Once a player has committed to a team during the NCVA sanctioned season, club directors and coaches from other NCVA clubs must respect the player's commitment and cease recruiting the player. If a recruiter contacts a player who has signed a commitment to another team, the player must notify the recruiter of the commitment. After notification, the recruiter shall not contact that player or the player's family.
- ❑ A recruiting violation occurs when an NCVA-registered club director and/or coach from one NCVA-registered club makes initial verbal or written contact with an athlete, or the athlete's parents, from another NCVA-registered club with the intent to persuade the player to leave the present club and join another club.
- ❑ The suggested maximum penalty may include, but is not limited to, a monetary fine and/or a suspension of NCVA membership for a period of one year, beginning on the date of the final ruling.

- If a club director or coach is found guilty of committing a recruiting violation, the guilty party may make an appeal. A special Board of Inquiry Committee will hear the appeal and will make a ruling. The decision of this Committee will be final.
- If a player or parent makes the initial contact, a club director or coach may answer questions and inform the player or parent about the club's specific program without fear of committing a recruiting violation. It is strongly recommended that all club directors and coaches refrain from making negative comments concerning other clubs or their staff.
- A player who has committed to a club and then wishes to transfer to another club must follow the NCVA's Procedure for Player Transfer. This is irrespective of the length of a player's membership with that club.

## ***REGISTRATION***

In order to participate in an NCVA event, all individuals must be registered with the NCVA. This pertains to all on-court activities: shagging, calling lines, keeping score, etc.

Once you are registered with the NCVA, members are covered by USA Volleyball's sport accident policy, which is the best insurance coverage around. Please note that the insurance provided by the NCVA will not cover the club and/or its administrators during practice, tournaments, or tryouts unless you are registered and paid online as an NCVA member. Memberships are not refundable or transferable.

As a parent you can register to be a member of the NCVA. If you register under Parent and click on No Club Affiliation, you can also receive NCVA announcements, emails, etc. If you register under "No Club Affiliation" you do not need a background check. However, if you are registering as the following, you will be required to be a member and have a background check.

- Club Director – if you are running your own club
- Jr. Coach – if you are coaching your own team
- Chaperone - if you are attending a National Qualifier, Festival or helping the team at any NCVA events
- Team Parent - if you are involved with the team for any travel your team does
- Club Board Member – if you are the treasure, paperwork coordinator, travel coordinator, etc.

### **Background Check**

Also as a coach, chaperone or team parent you will be required to submit a background screen during the online membership process. The Background Check is \$25 which can be paid for online and once you complete your membership, you will be able to click on the Background Check Form link, sign the form and mail or fax the form to the NCVA Office.

### **Online Registration**

Go to the NCVA Homepage

Click on 2009-2010 Registration

Click on Jr. Girls or Boys Coach/Staff

Click on what club you are affiliated with

Follow the membership directions

In less than five minutes, you will be an NCVA member

## ***LEAGUES***

### **Jr. Girl's**

Each Jr. Girl player has the opportunity to play in either the Power or Area League. Players cannot play in both leagues nor can they play in multiple age divisions at the same time. Once the player is on a roster, they are committed to that one team only. Both leagues are competitive, but they do have some variations between them.

**Power League** is a traveling league. Many teams opt to play Power League for the opportunity to play teams from all over Northern California. By playing Power League, these teams also have the opportunity to earn a Region Bid to Junior Olympics. Power League consists of seven one and two day tournaments over the span of three-four months. All Power League Tournaments are mandatory. The league begins with a two day qualifier (held in Convention Centers) followed by three one day leagues tournaments and then a two day Region Championship (also held in Convention Centers).

**Area League** involves some travel. However, the NCVA tries to keep each team within a 90 minute radius. Area League means you play teams that live in your general area. You are more likely to play the same teams during the course of the season because Area League does not have divisions that change. These tournaments are one day only and are not required. The Region Championship is two days and your team must have played in two out of the four one day League Tournaments to qualify.

**Non League** involves some travel. Teams from all over Northern California from the Power and Area Leagues will play in Non-League Tournaments. These tournaments are not required for any team to play in. They are great additional tournaments for any team that would like to give their team more play for the season. These tournaments are not required and are one day only.

### **Jr. Boy's**

Jr. Boy's players have two leagues they can play in. Players cannot play in both leagues nor can they play in multiple age divisions at the same time. Once the player is on a roster, they are committed to that one team only. Both leagues are competitive, but they do have some variations between them.

**Power League** is offered to our Boys Division. This league is a traveling league. Power League consists of eight one and two day tournaments over the span of three months. All Power League Tournaments are mandatory. The league begins with a two day qualifier (held in a Convention Center) followed by four one day leagues tournaments and then a two day Region Championship (also held in a Convention Center).

**Non League** is offered to the Boy's Teams prior to the season to help them gear up for their power league season. Two Non-League tournaments will be offered following the Power League season to allow teams to continue to play. These tournaments are one day tournaments that will also help teams warm up for the Boy's National Qualifiers. Travel will be required for these tournaments.

## **HIGH PERFORMANCE**

### **Girl's & Boys Division**

In conjunction with USA Volleyball, the NCVA supports and runs our Regional High Performance program. Participating athletes will represent our region in either an inter-regional USA Volleyball High Performance Championship tournament in July or the European Global Challenge Tournament or European Tour in July. The goal of the High Performance Program is to provide volleyball athletes with the best coaching and competition available in Northern California.

#### **Members of NCVA High Performance teams will have the opportunity to:**

- Compete with the best athletes in the country within their age groups both in the USA & abroad.
- Play with some of the best athletes in Northern California.
- Receive top quality coaching and instruction.
- Learn USA Volleyball systems and techniques.
- Increase individual visibility, particularly for those from club teams with low exposure.

#### **Girl's European Global Challenge Tournament**

Specific details for the 2010 European Global Challenge have not been released. However, the NCVA would like to send two teams to represent Northern California in the 2010 Girl's European Global Challenge.

The European Global Challenge Tournament is held every year at a site in Europe in late July. Past sites include: Maribor, Slovenia and Pula, Croatia. The European Global Challenge is run by BringitUSA ([www.bringitusa.com](http://www.bringitusa.com)).

#### **Girl's USA High Performance Championship Tournament**

In July 2010, some of our participating athletes will represent the NCVA in an inter-regional USA Volleyball High Performance Championship tournament. The NCVA will be sending four teams to this event. One International Junior, One International Youth, One National Youth and One National Select.

#### **Boy's USA High Performance Championship Tournament**

In July 2010 the NCVA will send two Boy's High Performance teams to Sevierville, Tennessee to compete in the International Youth and National Select Divisions.

For more information on High Performance, please visit our website [www.ncva.com](http://www.ncva.com) or email [Melissa@ncva.com](mailto:Melissa@ncva.com).

## **SAND PROGRAM**

### **Tournaments**

The NCVA junior beach division offers opportunities to accumulate points during the regular sand season for both junior boy's and girl's based on tournament results. These points will be used to seed teams into the season ending NCVA Junior Beach Tour Championships being held in August. You can view the site and date information by going to the Sand Button on the homepage of the NCVA website. [www.ncva.com](http://www.ncva.com)

## **Age**

The Junior Sand Division is for ages 21 & under. All juniors can play in the Adult Sand Division.

## ***TIME and TRAVEL COMMITMENT***

Club Volleyball is a huge time and travel commitment. The club season will begin in November for the Girls Tryouts and in August for the Boys Tryouts. Tournaments during league play do not necessarily run on back to back weekends. However, if your team decides to play in a Special Tournament, your child could be playing tournaments on multiple weekends during one month. This idea is more centralized around girls because the girls have additional tournaments.

Each club/team varies on how they choose which tournaments they would like to play in. You as a parent can decide what level of commitment you want to give to your daughter and/or son to play club volleyball.

Teams generally practice around two hours at a time and practice one to three times per week. Teams will generally play in at least four to six tournaments (some will play as many as a dozen in a season). Tournaments last from one day up to four days.

## ***FACILITIES***

Parents, we ask you to help keep our good relationships with our facilities by abiding by the facility rules and cleaning up after yourself when you leave the facility. Please remember that neither you nor the NCVA owns these facilities and in order for our organization to keep utilizing these facilities, we need to keep positive relationships with all of our sites.

## ***FOOD IN THE PLAYING FACILITY***

Tournament directors may impose the “13-Point Rule” for teams who are violating the “No Food in Gym” policy. The “13-Point Rule” means that the team’s next set’s score will start at 0-13, with 13 points automatically awarded to the opposing team. This will be noted in the tournament director’s report, which will result in the teams being fined \$100. During the tournaments located in Convention Centers, if your team is caught with food, your team may be removed from the tournament. This will be reported directly to the NCVA office and you will not be able to appeal this sanction. This rule is imposed whether it is a parent, players, coach, chaperone anyone associated with your club.

## ***AGE ELIGIBILITY (USA VOLLEYBALL)***

Parents always have questions about their daughter and/or son’s age eligibility for club season. USA Volleyball provides each region with the Age Definition Requirements.

### **USA Volleyball Junior Olympic Age Definition For use during the 2009-2010 Season**

For eligibility purposes, a player who just completed a grade in the spring of 2009 will be considered in the grade that was just completed. Players need not be currently enrolled in high school except as noted below. Once a player participates in a club or varsity program for any university, college, community college, or junior college, the player is ineligible to play in any regional or national JOVC qualifying and championship events.

**18 and Under Division:**

Players who were born on or after September 1, 1991

**or**

Players who were born on or after September 1, 1990 **and** are high school students during some part of the current academic year

**17 and Under Division:**

Players who were born on or after September 1, 1992

**16 and Under Division:**

Players who were born on or after September 1, 1993

**15 and Under Division:**

Players who were born on or after September 1, 1994

**14 and Under Division:**

Players who were born on or after September 1, 1995

**13 and Under Division:**

Players who were born on or after September 1, 1996

**12 and Under Division:**

Players who were born on or after September 1, 1997

**Boys U14 Division:**

Regionally-waived boy's teams in the U14 age group will be allowed to participate at the USA Junior Olympic Volleyball Championships using the following age/grade definition:

Players who were born on or after September 1, 1995

**or**

Players who were born on or after September 1, 1994(15 years or younger) who shall neither have completed nor are in a grade higher than the eighth grade (8th) grade during the current academic year. (This exception is based on the net height difference of 7'4 1/8" to 7' 11 5/8" between the U14 Division and the U15 Division.)

If you ever have any questions on which age category your daughter and/or son falls under please contact the NCVA office and provide your child's birth date and what age group you want them to play in.

For more information on the USA Age Definition, please view the Parents Information link on the NCVA Homepage.

## ***CLUB TRANSFERS***

Junior athletes are eligible to play for any club or team until the start of the NCVA-sanctioned season, which begins on November 1<sup>st</sup>. During the sanctioned season, a player is to remain a registered member of that specific club throughout the season. However, during the sanctioned season, a player or parent may request a transfer in club affiliation. All parents have the option to request that their child be transferred to another club. There are certain guidelines that you will need to follow when considering transferring your child. For a player to transfer from one club to another:

### **How to begin the transfer process**

Go to the NCVA website ([www.ncva.com](http://www.ncva.com)), click on the Girls/Boys Handbook and scroll to the Forms Section. Download and print the Change of Club Request Form. This form is used to initiate the process. The player, parent, current club director and future club director must all sign the form in order for the transfer to occur.

## Guidelines

- ❑ **A player CANNOT participate in any practice or tournament with the new club until the NCVA has approved the transfer.**
- ❑ A Power League player cannot transfer to an Area League team following Power League # 3.
- ❑ A player can only transfer provided that they remain in the same age definition or higher.  
Example: If you are a 16 year old playing in the 18's division, you cannot transfer back to the 16's Division. However, if you play on an 18's team and transfer to a different club, you can play on a 17's team provided the player is eligible under the USA Age Definition requirements.
- ❑ If the current club director will not sign the form to release the player, the player or parent may appeal to the NCVA and the NCVA office will make the necessary contact(s).

## Outcome

- ❑ The NCVA will grant the transfer only if all parties involved agree upon the transfer.
- ❑ The NCVA has the right to release the player whether or not the current club director responds.
- ❑ The NCVA also has the right to uphold the current club director's decision to not grant the player release. In either case, each party has the right to appeal to the NCVA Board of Directors. The NCVA Board of Directors' decision is final.

## ***FEES***

The financial commitment to Club Volleyball is probably one of the biggest factors in choosing what club your child should play for. We have brought into consideration the payments that are given to the NCVA from you. The costs below are based on the 2010 season fees. The Special Tournament fees will vary depending on which Special Tournaments your team will play in.

Club volleyball also requires FINANCIAL commitment. The costs can run as low as \$250 to over \$5,000 per player depending on the level of competition, number of tournaments, practice facility costs, coaches education costs, coaches' travel costs, coaching expenses (some receive expenses, some get a salary), supplies, equipment, balls, printing, postage, etc. and sponsorship. Costs should be compared between clubs to make sure you know what is and is not covered in their fees.

Here are some costs that you should be aware of:

\$100 – for two jerseys and pair of shorts, more with volleyball shoes & other accessories

\$50 - for NCVA Membership

\$150 – Team Fee

\$50-150 for regular season one day tournaments –most clubs attend around half a dozen or more a season.

\$500-900 for national qualifiers and the Junior Olympic Volleyball National Championships.

***Hotel, food, and transportation costs are generally the responsibility of the player/parents, and can be significant for “national” level teams, more than doubling the overall costs of a club.***

## NCVA Girl's Fee Analysis

### Power League

- Days of competition: 7
- Days in Convention Centers: 4
- Entry fee (\$975) + Team fee (\$150) = \$1,125 per team
- Cost breakdown:

No. of Players	Event Cost Per Player	Player Fee	Total Cost Per Player
10	\$112.50	\$50.00	\$162.50
12	\$93.75	\$50.00	\$143.75
15	\$75.00	\$50.00	\$125.00

### Area League

- Days of competition: 7
- Entry fee (\$700) + Team fee (\$150) = \$850 per team
- Cost breakdown:

No. of Players	Event Cost Per Player	Player Fee	Total Cost Per Player
10	\$85.00	\$50.00	\$135.00
12	\$70.83	\$50.00	\$120.83
15	\$56.67	\$50.00	\$106.67

### Special Tournaments

- Example: President's Day
- Days of competition: 3
- Entry fee = \$600
- Cost breakdown:

No. of Players	Event Cost Per Player	Player Fee	Cost Per Player Per Day
10	\$60.00	\$0.00	\$20.00
12	\$50.00	\$0.00	\$16.67
15	\$40.00	\$0.00	\$13.33

### All Events Combined

If you play in the Power League, President's Day & Far Westerns for a total of 13 tournament days, the cost breakdown is: \$2,425

No. of Players	Cost Per Player	Cost Per Player Per Day
10	\$242.50	\$18.65
12	\$202.08	\$15.54
15	\$161.67	\$12.44

## NCVA Boy's Fee Analysis

### Power League

- Days of competition: 8
- Days in Convention Centers: 4
- Entry fee (\$900) + Team fee (\$150) = \$1,050 per team
- Cost breakdown:

No. of Players	Event Cost Per Player	Player Fee	Total Cost Per Player
10	\$105.00	\$50.00	\$155.00
12	\$87.50	\$50.00	\$137.50
15	\$70.00	\$50.00	\$120.00

### Far Westerns

- Days of competition: 2
- Entry fee: \$450
- Cost breakdown:

No. of Players	Event Cost Per Player	Player Fee	Event Cost Per Day
10	\$45.00	\$0.00	\$22.50
12	\$37.50	\$0.00	\$18.75
15	\$30.00	\$0.00	\$15.00

### High Rollers

- Days of competition: 3
- Entry fee: \$450
- Cost breakdown:

No. of Players	Event Cost Per Player	Player Fee	Event Cost Per Day
10	\$45.00	\$0.00	\$15.00
12	\$37.50	\$0.00	\$12.50
15	\$30.00	\$0.00	\$10.00

## ***CODE OF CONDUCT***

It is important for Parents and/or Spectators to understand this section. Everyone must remember that you are there to support your child and their team. Parents of a volleyball player have a shared responsibility with the player. A few of the biggest responsibilities are encouraging good sportsmanship and responsible behavior, support and encourage your child win or lose, providing support financially and assist with transportation. Parents also have the responsibility to conduct themselves in a reasonable, responsible manner. Parents must be aware that they have as much, if not more, influence on the chemistry of their team than the coach. How can a player be a good team member when they have to listen to a parents bad mouth their teammates or coach? How

can the team have good chemistry when parents sit in the stands and make disparaging comments about players or coaches to other parents?

The following Codes of Conduct will be enforced for each NCVA Sanctioned Event:

### **Volleyball Spectator Code of Conduct**

- Remain in the spectator area during games.
- Do not make derogatory comments to coaches, officials, tournament directors or players of either team.
- Do not drink alcohol at tournaments or come to a tournament intoxicated.
- Respect the integrity and judgment of the officials without taunting or approaching them between sets or at the end of the match.
- Be in control of your emotions.
- Respect the rights of others and treat the visiting team and their spectators courteously.
- Abide by all applicable federal, state, and local laws while attending any match.
- Cheer positively for your team, using socially acceptable language.
- Follow the rules of the tournament
- Follow the rules of the facility, such as NO FOOD IN GYM, no beach chairs, etc.
- Use litter receptacles to properly dispose of trash.
- Use only designated smoking areas that are clearly posted.
- Applaud good performances by both teams.
- Discourage all forms of violent behavior.

### **Volleyball Parent Code of Conduct**

- Remain in the spectator area during games.
- Do not advise the coach on how to coach.
- Do not make derogatory comments to coaches, officials, tournament directors or players of either team.
- Do not try to coach your child during the game.
- Do not drink alcohol at tournaments or come to a tournament intoxicated.
- Cheer for your child's team.
- Show interest, enthusiasm, and support for your child.
- Be in control of your emotions.
- Help when asked by coaches or officials.
- Thank coaches, officials, tournament directors, and other volunteers who conducted the event.
- Know the rules.
- Avoid conduct that is inappropriate as determined by comparison to normally accepted behavior.
- Physical or verbal intimidation of any individual is unacceptable.
- Follow the rules of the tournament, such as NO FOOD IN GYM, no beach chairs, etc.

### **Bill of Rights for Parents when joining a club:**

I have the right to:

- be treated with dignity and respect
- share in the leadership and decision making of your athlete
- approach the leadership of the club organization with which you are involved
- cheer for your child in a positive manner
- verify your coaches/team qualifications
- ask questions and receive answers

- ensure that the adults involved with your child are positive role models
- talk to parents, other players and/or other clubs
- have your child tryout without discrimination
- request a clear disclosure of financial obligations
- clubs statement of philosophy
- be informed about your child's role on the team
- have your child tryout out for more than one club and be allowed time to make a decision as specified by the tryout policy
- the knowledge of the time, travel and financial commitment of your involvement with the club/team.
- knowledge of how many spots are available before tryouts begin
- remove your child from an event/practice if you feel it is unsafe for your child to continue without repercussions
- know that all club affiliated staff are members of the NCVA and background checked.
- Ask your club director if they adhere to all State and Federal business requirements and laws

**P** is for praising, which your child needs often.

**A** is for accepting, so hard edges will soften.

**R** is for recognizing your child's many talents.

**E** is for encouraging a good healthy balance.

**N** is for nurturing, to help your child grow.

**T** is for teaching, then letting go.

**S** is for smiling at the growth and the glow.

The NCVA promotes participation in a quality program that provides a positive and safe athletic environment through a variety of developmental and competitive opportunities for junior teams of all ages, skills levels, and diverse groups. It is important to us to maintain our professional demeanor and serve our customers with the highest level of service.

#### **The NCVA offers:**

- Background screenings for all NCVA member adult affiliates with our Junior Teams (club directors, coaches, officials, tournament directors, chaperones, NCVA tournament staff, etc.)
- Tournaments in Convention Centers around the Northern California and Nevada areas to accommodate all teams
- Supply each club with Facilities Insurance Certificates with the highest level of Sports Insurance in Northern California.
- Present opportunities for teams to play in the highest level tournaments – USA Junior Olympics and offer a variety of league tournaments for all diverse teams.
- Provide training clinics for our officials and tournament directors each year.
- A NCVA Tournament Supply Store with all your volleyball needs at cheaper prices to accommodate any NCVA member.

We also have a staff that is in the office from 9:00 AM to 5:00 PM to help you with all your questions and needs and have on call staff members on the weekends to help any tournament director with their questions. These are the items that will all keep the quality of your playing experience of the highest possible level. We encourage you to make sure you research any organization and what they have to offer you, so that it will ensure you will receive the utmost quality and you will get what you expect and are promised for our youth of volleyball.

## **Fifteen important points about volleyball coaching ethics**

1. **V**olleyball belongs to the players. Always put the welfare of the players and the game ahead of your personal gain.
2. **O**ur conduct and remarks, by both coach and player, must never be unsportsmanlike.
3. **L**earn about your players and their individual needs.
4. **L**ive up to both the letter and the intent, and know, the rules of the game and of eligibility.
5. **E**mphasize performance and the process over the outcome.
6. **Y**our players' academic progress is more important than the demands made for their sport progress.
7. **B**e consistent.
8. **A**thletes first, winning second.
9. **L**et booster organizations be for program support and important parental involvement, not rule violations.
10. **L**ook for ways to work with the officials and their organization, including attendance at the rules clinics.
11. **C**ommunicate, both when talking and listening to your players, as you would want them to communicate with you.
12. **O**fficials must be treated with respect by coaches, their players, and the fans.
13. **A**ny injury must be directed to the appropriate medical authority; you are not a doctor.
14. **C**ontribute to and support your national organizations and their decisions in policies, action, and Rules.
15. **H**elp the media learn about and share in the game's countless stories and unique aspects.